
Name Your Prompt

Design

Intended Purpose:

Role Defined (Who is the AI acting as?):

Context / Task:

Cognitive Demand:

Recall

Apply

Analyse

Evaluate

Constraints / Guardrails:

Output Format Required:

You have designed the structure.
Now refine the language.
Scan to format and test your prompt.



Reflect

What worked?

What needed refinement?

How would I improve this prompt?
